



**HORIZONS
TRUST**

Protecting every newborn baby
and mother in The Gambia.

Horizons Trust's mission is to reduce maternal and neonatal mortality in The Gambia.

We work tirelessly to stop preventable deaths of mothers and babies in childbirth.

Every single life lost is one too many.

Our vision is a Gambia where no mother or baby dies a preventable death in childbirth.

Since we began

90,000

Mums and babies impacted through the Infection, Prevention & Control Programme

18,000

Pieces of cleaning supplies provided

515

Health workers trained on how to stop mums and babies dying from sepsis

100

Health workers trained on emergency obstetric & neonatal care

6

Healthcare facilities targeted, covering 40% of Gambia's population

According to the UN's Sustainable Development Goals Global Database 2023, in the world Gambia has the:

18th

highest maternal mortality ratio

26th

highest neonatal mortality ratio

Our aims

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To provide quality healthcare for those who desperately need it but who have no financial means (Horizons Charities).

Horizons has already started doing charitable work in The Gambia focussing on improving healthcare for pregnant women and children less than two-years old by: providing training to health professionals; and thorough-cleaning childbirth facilities. In time, Horizons Trust Gambia will increase access to high quality care through community outreach centres.



To build and manage a high quality medical facility for those who can afford private treatment (the Horizons Clinic). This is an unmet need in the Gambia and other West African countries. Profits from the Clinic will be used by Horizons Trust Gambia to provide high quality care to the poor. Wealth redistribution through healthcare.

Horizons' high standard operating theatres will repair vesicovaginal fistulae and help reverse social isolation of the women.



Our story

Horizons Trust Gambia's activities started in 2013. Founder Professor James N'Dow OBE DL is the driving force behind the charity. Born in The Gambia, James trained in Aberdeen, UK, where he is now Professor of Urological Surgery and Director of the Academic Urology Unit. James has travelled to The Gambia every year for almost the past two decades, with other UK-trained specialist consultant surgeons, anaesthetists, and nurses, to carry out charitable work at a local hospital.

On his earliest trips back to The Gambia, James was troubled by the state of maternal and infant health in the country. He then made it his mission to create a charitable organisation dedicated to lowering Gambia's maternal and infant mortality rates.

Since the inception of Horizons Trust Gambia, we have partnered with the Ministry of Health and several national and international partners to help make this dream a reality. An outstanding team of trustees, including experts in global health, oversee the running of the charity.



Yes we can, and yes, we will bring the best healthcare in the world to The Gambia.

Because the question is 'Why not?'

Our projects



HORIZONS
OUTREACH



Horizons Outreach

Horizons Outreach works to improve the capacity and standard of healthcare through the provision of education and training.

Our two flagship programmes – Infection, Prevention & Control and Safer Delivery, provide essential training for maternity health workers and world-class infrastructure in The Gambia. We work in partnership with national and global stakeholders to reduce maternal and neonatal mortality rates in the country.

The Infection Prevention & Control (IPC) Programme.

The IPC Programme has targeted 6 healthcare facilities in The Gambia that serve 40% of the population. IPC is a scientific approach that creates a cleaner environment in health settings. We trained key health workers, donated over a tonne of detergent, overhauled plumbing infrastructure and installed solar panels to ensure a steady supply of electricity.

By using this method, over 90,000 mothers and babies benefited - reducing the risk of death and suffering from infectious diseases.



Horizons Safer Delivery Project

The Safer Delivery Project is a partnership between Horizons Trust Gambia, Kanifing General Hospital and Baylor College of Medicine in Texas. This project aims to improve the quality of care for mothers and babies in The Gambia through continuous clinical training.

The programme trained 100 health workers in global best practices for emergency obstetric and neonatal care in 2023.

Baylor Global Health will also provide Smart Pod units to Kanifing General Hospital, which are fully expandable and customisable mobile pods that will serve as surgical obstetrics and post-anesthesia care units.



Smart Pods timeline

2022

Site selection, clinical needs and environmental assessment. Medical training in The Gambia, engineering and environmental assessment.



Beginning 2023

Engineering, design, construction, site preparation and medical education courses (both virtual and in-person) for Gambian health workers.



Apr-Oct 2023

Start of Smart Pods manufacturing. Testing and validation in October.



2024


First batch of Smart Pods shipped from the United States to The Gambia. Smart Pods deployment, final training course and stakeholder visit to The Gambia.



Mid 2024

Deployment of Smart Pods at Kanifing General Hospital (KGH) with training & maintenance courses.



A photograph of a woman sitting in a hospital bed, smiling. Two healthcare workers in white scrubs are standing by her side. One is holding a newborn baby wrapped in a blanket. The room has floral wallpaper and a window with blinds. The entire image is overlaid with a semi-transparent purple filter.

“Our community deserves better and that is what we are now able to give them.”

ALIEU, MIDWIFE





Horizons Clinic

The first international standard hospital in The Gambia offering a range of specialist services not available currently in country.

The Horizons Clinic will offer a range of specialist (secondary & tertiary) services currently not available in The Gambia. Patients needing specialist care either do not receive it or have to travel abroad, at significant cost, to receive the required care. The Horizons Clinic therefore will be complementary to the current healthcare provision available in The Gambia.

Horizons Clinic will, for the first time, give extant healthcare providers in The Gambia the option to refer patients needing specialist care to a high quality hospital locally. Horizons will also offer local healthcare workers opportunities for continuing professional development (CPD) to further strengthen the health system.

The 60 bed Horizons Clinic will feature a comprehensive outpatients department and diagnostic service and will be the first international standard hospital in The Gambia offering a range of specialist (secondary & tertiary) services. Patients needing specialist care currently, either do not receive it or have to travel abroad, at significant cost, to receive that care.

Services

Maternity and new born care

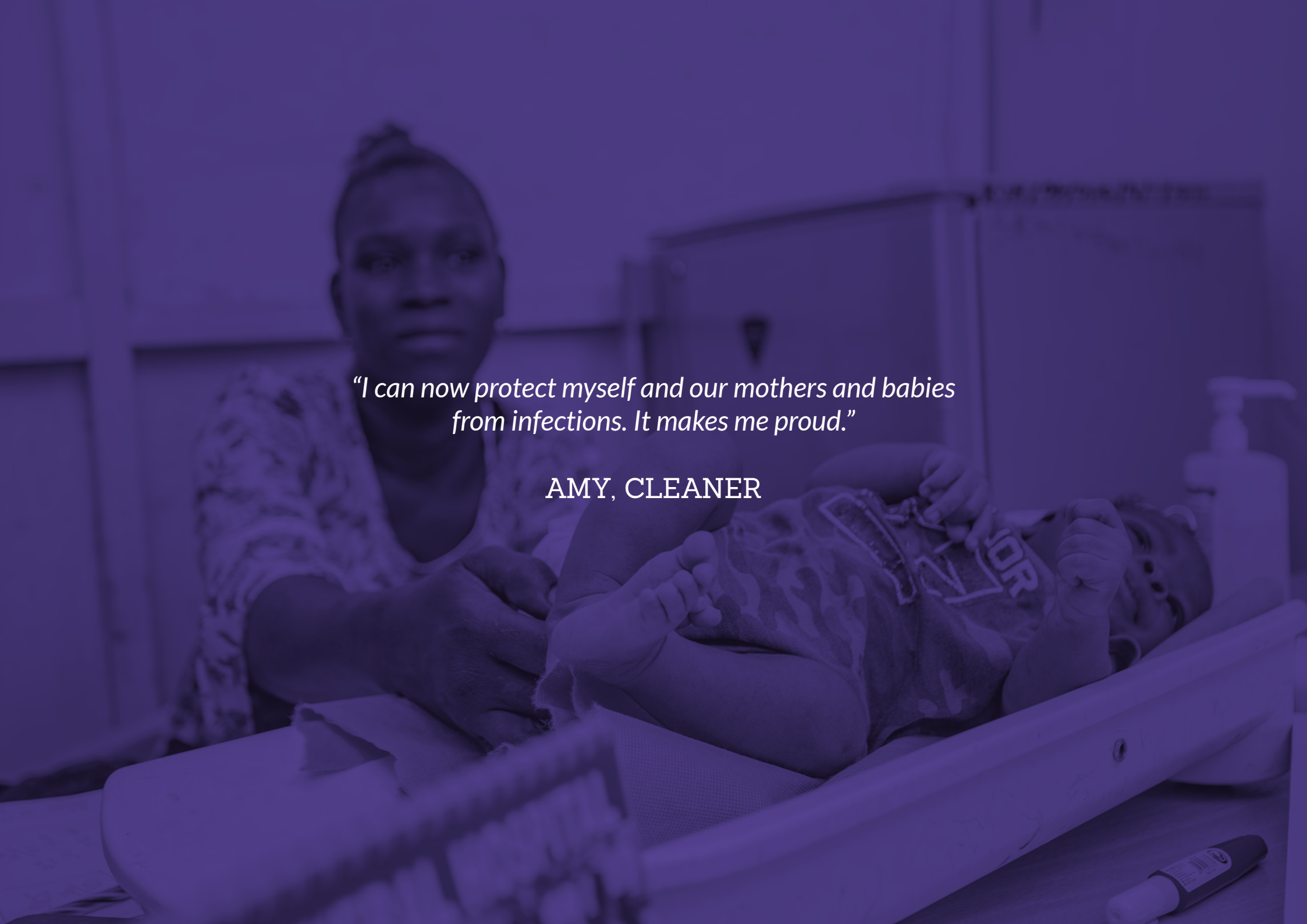
State-of-the-art diagnostic imaging department

General and specialist outpatient consultations

CT and MRI scanning

Surgical services

In house laboratory



*"I can now protect myself and our mothers and babies
from infections. It makes me proud."*

AMY, CLEANER

Support us

The Gambia has the 18th highest maternal mortality and the 26th highest neonatal mortality rates in the world.

This is unacceptable and needs to change.

At Horizons, we believe in providing solutions to this problem. We support the continuous professional development of doctors, midwives, anaesthetists, and cleaners in The Gambia. Newborn babies and mothers in the country deserve nothing less than world-class healthcare.

Our vision is a Gambia where no mother or baby dies a preventable death in childbirth.

To help us continue to make this vision a reality please donate at Justgiving (HorizonsTrustUK) or via the QR code



JustGiving™



To find out more please go to
Horizons-Trust.com

Horizons Trust Gambia is a charity registered in The Gambia
C16723

Horizons Trust UK is a charity registered in Scotland
SC041680

with thanks

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